



HEALTH STUDIES

ASSOCIATE OF SCIENCE

2025-2026

A grade of “C” or higher is required in all General Education and Major courses. A maximum of 6 credits with grades of “D” are permitted in Elective classes for SoLA graduation. Grades of “C” or higher for all courses are recommended for students transferring to a 4-year institution. **Course Type Key: G = General Education; M = Major; E = Elective**

		- Complete this course as soon as possible to stay on track for graduation.	
	Course Type	SEMESTER 1	
ENGL 1010	G	Rhetoric & Composition	3 Credits
MATH 1105	G	College Algebra	3 Credits
Fine Arts	G	Choose from General Education courses Music (MUSC), Theater (THEA) or Fine Arts (Arts) except Arts 2000.	3 Credits
PSYC 1010	G	Introduction to Psychology I	3 Credits
Elective – <i>Recommended COLS 1003 or GBUS 2060</i>	E	Choose from American Sign Language (ASLS), Accounting (ACCT except ACCT 1100 or 1200), Anthropology (ANTH), Arts, (ARTS), Biology (BIOL), Business (GBUS), Chemistry (CHEM), College (COLS), Communications (CMCN), Computers (MCIS), Corrections (CORR), Criminal Justice (CJUS), Economics (ECON), Education (EDUC), English (ENGL 2XXX), Environmental Science (ENSC), French (FREN), Geography (GEOG), Geology (GEOL), Health Science (HLSC), History (HIST), Industrial Technology (INTC), Math (MATH), Music (MUSC), Physical Science (PHSC), Physics (PHYS), Political Science (POLI), Psychology (PSYC), Sociology (SOCi), Spanish (SPAN), Speech (SPCH), or Theater (THEA).	3 Credits
TOTAL SEMESTER CREDITS			15
	Course Type	SEMESTER 2	
ENGL 1020	G	Composition and Critical Thought	3 Credits
MATH 2020	G	Introductory Statistics	3 Credits
BIOL 1010	G	General Biology I see note 4	3 Credits
Humanities	G	Choose from General Education Courses: History (HIST); English (ENGL 2XXX) except ENGL 2045 and 2070; or Communications (CMCN) except CMCN 1170, 1270, and 2145.	3 Credits
General Education Elective – <i>Recommended ENGL 2XXX except 2045 or 2070.</i>	E	Choose from General Education courses in Anthropology (ANTH), Arts, (ARTS), Biology (BIOL), Chemistry (CHEM), Communications (CMCN), Criminal Justice (CJUS), Economics (ECON), English (ENGL 2XXX), Environmental Science (ENSC), Geography (GEOG), Geology (GEOL), History (HIST), Math (MATH), Music (MUSC), Physical Science (PHSC), Physics (PHYS), Political Science (POLI), Psychology (PSYC), Sociology (SOCi), or Theater (THEA).	3 Credits
see note 1 TOTAL SEMESTER CREDITS			15
	Course Type	SEMESTER 3	
SOCI 1010 or 2020	E	Introductory Sociology or Contemporary Social Problems see note 5	3 Credits
BIOL 2022 and 2023	M	Anatomy and Physiology I and Lab see notes 1 and 2	4 Credits
BIOL 1011 or CHEM 1031	M	General Biology Lab I or General Chemistry Lab I see notes 3 & 4	1 Credit
HLSC 2103	M	Medical Terminology	3 Credits
PSYC 2080 or MCIS 1005	M	Developmental Psychology or Microcomputer Applications	3 Credits
TOTAL SEMESTER CREDITS			14
	Course Type	SEMESTER 4	
BIOL 2032 and 2033	M	Anatomy and Physiology II and Lab see notes 1 and 2	4 Credits
BIOL 2042	G	Human Nutrition	3 Credits
CHEM 1030	E	General Chemistry I see note 4	3 Credits
SOCI 2050 or 2073 or ACCT 2103	E	Marriage and Family or Sociology of Leadership or Introduction to Financial Accounting see note 5	3 Credits
Elective – <i>Recommended CMCN 1013</i>	E	Choose from General Education courses in Anthropology (ANTH), Arts, (ARTS), Biology (BIOL), Chemistry (CHEM), Communications (CMCN), Criminal Justice (CJUS), Economics (ECON), English (ENGL 2XXX), Environmental Science (ENSC), Geography (GEOG), Geology (GEOL), History (HIST), Health Studies (HSAS), Math (MATH), Music (MUSC), Physical Science (PHSC), Physics (PHYS), Political Science (POLI), Psychology (PSYC), Sociology (SOCi), or Theater (THEA).	3 Credits
TOTAL SEMESTER CREDITS			16
Associate of Science: Health Studies TOTAL DEGREE CREDITS			60

DEGREE NOTES

- A Certificate of General Studies is awarded upon the completion of ENGL 1010, ENGL 1020, MATH 1105, two (2) Elective Courses, and one course in each of the following categories: Fine Arts, Humanities, Social/Behavioral Science, Natural/Physical Science, and General Education Elective.)
 - ¹ BIOL 2017 may be taken as a substitute for BIOL 2022/2023 & BIOL 2032/ 2033. Students taking BIOL 2017 must take an additional 4 credits of elective courses to substitute for BIOL 2022 and 2023 and BIOL 2032 and 2033.
 - ² Either BIOL 2017 and an elective course or BIOL 2022/ 2023 /2032 /2033 may be used to fulfill the degree requirements.
 - ³ Students looking to transfer to a Medical Lab Science course should complete CHEM 1031 to fulfill this requirement.
 - ⁴ Complete either BIOL 1011 or CHEM 1031. Students are encouraged to complete the lab course while taking the lecture course. If a student elects to take BIOL 1011 during semester two with BIOL 1010 then they should take CHEM 1030 without the lab. If a student takes BIOL 1010 without the lab they should then take CHEM 1030 and 1031 during semester 4. Students are permitted to take both BIOL 1011 and CHEM 1031, however, it should be noted the student will then have 61 credits toward degree completion.
 - ⁵ Depending on the student’s health studies pathway, students may substitute this requirement with dean or program coordinator permission.
- This degree plan is a planning resource. The program requirements listed in the applicable edition of the college catalog are the official source for all degree requirements. The college reserves the right to alter this resource without notice. OAA 08/25