



# HEALTH STUDIES

## ASSOCIATE OF SCIENCE

### 2025-2026

A grade of "C" or higher is required in all General Education and Major courses. A maximum of 6 credits with grades of "D" are permitted in Elective classes for SoLA graduation. Grades of "C" or higher for all courses are recommended for students transferring to a 4-year institution. **Course Type Key: G = General Education; M = Major; E = Elective**

📌 - Complete this course as soon as possible to stay on track for graduation.			
	<b>Course Type</b>	<b>SEMESTER 1</b>	
ENGL 1010 📌	G	Rhetoric & Composition	3 Credits
MATH 1105 📌	G	College Algebra	3 Credits
Fine Arts	G	Choose from General Education courses Music (MUSC), Theater (THEA) or Fine Arts (Arts) except Arts 2000.	3 Credits
PSYC 1010 📌	G	Introduction to Psychology I	3 Credits
Elective – Recommended COLS 1003 or GBUS 2060	E	Choose from American Sign Language (ASLS), Accounting (ACCT except ACCT 1100 or 1200), Anthropology (ANTH), Arts, (ARTS), Biology (BIOL), Business (GBUS), Chemistry (CHEM), College (COLS), Communications (CMCN), Computers (MCIS), Corrections (CORR), Criminal Justice (CJUS), Economics (ECON), Education (EDUC), English (ENGL 2XXX), Environmental Science (ENSC), French (FREN), Geography (GEOG), Geology (GEOL), Health Science (HLSC), History (HIST), Industrial Technology (INTC), Math (MATH), Music (MUSC), Physical Science (PHSC), Physics (PHYS), Political Science (POLI), Psychology (PSYC), Sociology (SOCl), Spanish (SPAN), Speech (SPCH), or Theater (THEA).	3 Credits
<b>TOTAL SEMESTER CREDITS</b>			<b>15</b>
	<b>Course Type</b>	<b>SEMESTER 2</b>	
ENGL 1020	G	Composition and Critical Thought	3 Credits
MATH 2020	G	Introductory Statistics	3 Credits
BIOL 1010	G	General Biology I	3 Credits
Humanities	G	Choose from General Education Courses: History (HIST); English (ENGL 2XXX) except ENGL 2045 and 2070; or Communications (CMCN) except CMCN 1170, 1270, and 2145.	3 Credits
General Education Elective – Recommended ENGL 2XXX except 2045 or 2070.	E	Choose from General Education courses in Anthropology (ANTH), Arts, (ARTS), Biology (BIOL), Chemistry (CHEM), Communications (CMCN), Criminal Justice (CJUS), Economics (ECON), English (ENGL 2XXX), Environmental Science (ENSC), Geography (GEOG), Geology (GEOL), History (HIST), Math (MATH), Music (MUSC), Physical Science (PHSC), Physics (PHYS), Political Science (POLI), Psychology (PSYC), Sociology (SOCl), or Theater (THEA).	3 Credits
<small>see note 1</small> <b>TOTAL SEMESTER CREDITS</b>			<b>15</b>
	<b>Course Type</b>	<b>SEMESTER 3</b>	
SOCI 1010 📌 or 2020	E	Introductory Sociology or Contemporary Social Problems	3 Credits
BIOL 2022 📌 and 2023 📌	M	Anatomy and Physiology I and Lab <small>see note 1 and 2</small>	4 Credits
BIOL 1011 or CHEM 1031	M	General Biology Lab I or General Chemistry Lab I <small>see note 3</small>	1 Credit
HLSC 2103	M	Medical Terminology	3 Credits
PSYC 2080 or MCIS 1005	M	Developmental Psychology or Microcomputer Applications	3 Credits
<b>TOTAL SEMESTER CREDITS</b>			<b>14</b>
	<b>Course Type</b>	<b>SEMESTER 4</b>	
BIOL 2032 and 2033	M	Anatomy and Physiology II and Lab <small>see note 1 and 2</small>	4 Credits
BIOL 2042	G	Human Nutrition	3 Credits
CHEM 1030	E	General Chemistry I <small>see note 4</small>	3 Credits
SOCI 2050 or 2073 or ACCT 2103	E	Marriage and Family or Sociology of Leadership or Introduction to Financial Accounting	3 Credits
Elective – Recommended CMCN 1013	E	Choose from General Education courses in Anthropology (ANTH), Arts, (ARTS), Biology (BIOL), Chemistry (CHEM), Communications (CMCN), Criminal Justice (CJUS), Economics (ECON), English (ENGL 2XXX), Environmental Science (ENSC), Geography (GEOG), Geology (GEOL), History (HIST), Math (MATH), Music (MUSC), Physical Science (PHSC), Physics (PHYS), Political Science (POLI), Psychology (PSYC), Sociology (SOCl), or Theater (THEA). <small>see note 5</small>	3 Credits
<b>TOTAL SEMESTER CREDITS</b>			<b>16</b>
<b>Associate of Science: Health Studies</b>			<b>60</b>
<b>TOTAL DEGREE CREDITS</b>			<b>60</b>

### DEGREE NOTES

- <sup>1</sup> A Certificate of General Studies is awarded upon the completion of ENGL 1010, ENGL 1020, MATH 1105, two (2) Elective Courses, and one course in each of the following categories: Fine Arts, Humanities, Social/Behavioral Science, Natural/Physical Science, and General Education Elective.
  - <sup>1</sup> BIOL 2017 may be taken as a substitute for BIOL 2022/2023 & BIOL 2032/ 2033. Students taking BIOL 2017 must take an additional 4 credits of elective courses to substitute for BIOL 2022 and 2023 and BIOL 2032 and 2033.
  - <sup>2</sup> Either BIOL 2017 and an elective course or BIOL 2022/ 2023 /2032 /2033 may be used to fulfill the degree requirements.
  - <sup>3</sup> Students looking to transfer to a Medical Lab Science course should complete CHEM 1031 to fulfill this requirement.
  - <sup>4</sup> Students looking to transfer to a Medical Lab Science course should complete CHEM 1030 to fulfill this requirement.
  - <sup>5</sup> HCOR 2000 may be substituted for an Elective course with approval by the program coordinator or dean
- This degree plan is a planning resource. The program requirements listed in the applicable edition of the college catalog are the official source for all degree requirements. The college reserves the right to alter this resource without notice. OAA 04/25